

A baby wearing a light blue short-sleeved shirt is sitting at a table. The baby is looking down at their reflection in a mirror on the table. The reflection shows the baby's face and shirt. The background is slightly blurred, showing a blue chair and a white wall.

Finding
you

Through
Mu



6 Years

60 Mins

6 Stories

The
**LAST
LECTURE**

lessons in living



Randy Pausch

Book that inspired me to do this session

The author, a professor who gets diagnosed with terminal illness, decides to record his last lecture for his students and children

1.
*Bigger
than your
Dreams*

We dream about what we already know from our past but life surprises you in ways you can't imagine.

Be open to opportunities that are beyond what you dream.



A person is running away from the camera on a paved path that curves to the right. The scene is bathed in a blue light, with trees and a hazy sky in the background. The runner is in the lower-left quadrant of the frame.

2.

Run you own race

**Each of us have unique strengths
and challenges**

**Don't end up comparing your
journey with that of someone else**

3. Pull the plug

Know when to back out from something. Be in control of when you want to pull the plug



4. Belief systems

Applicable for
life too

Learning over knowing

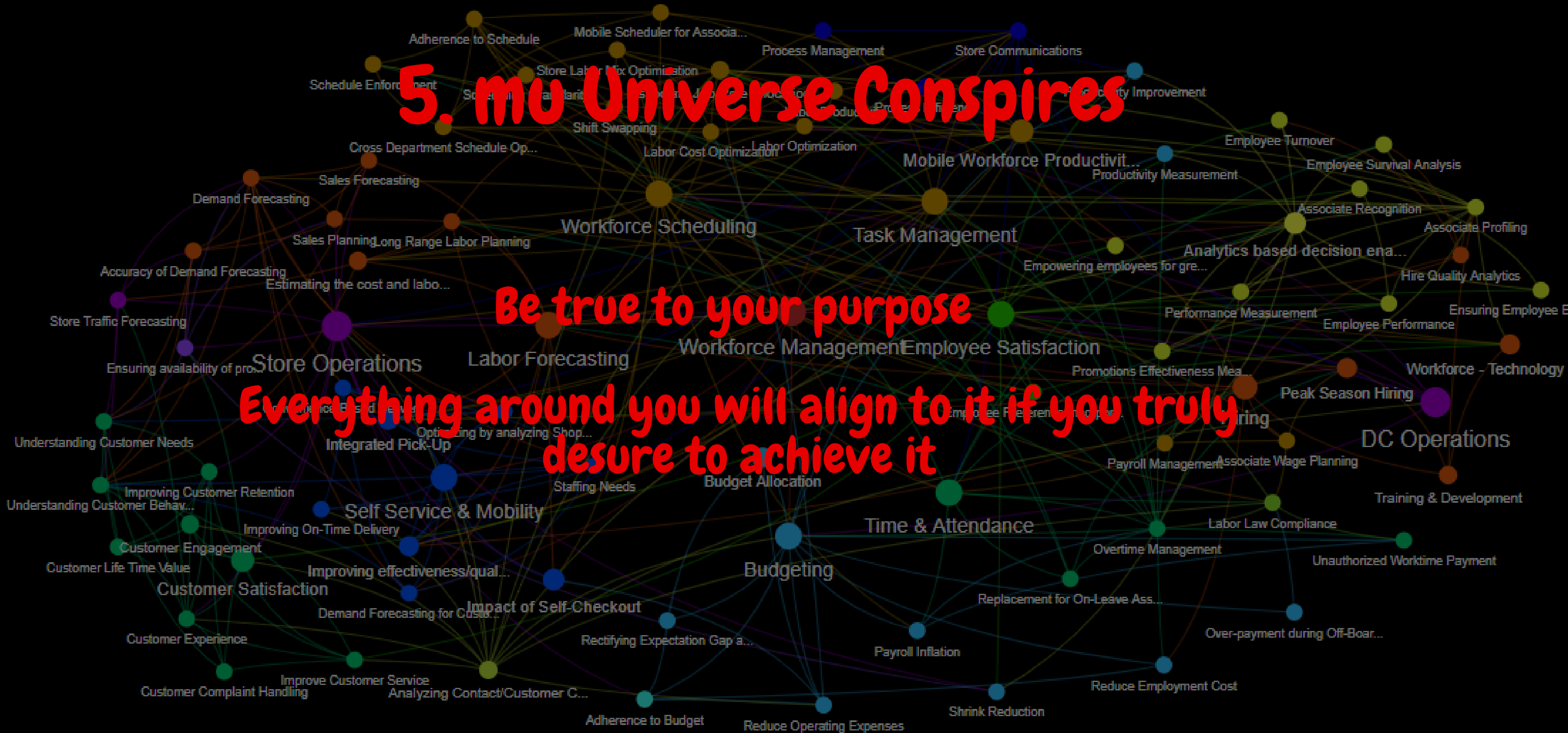
Extreme Experimentation


Interdisciplinary
Perspective

5. mu Universe Conspires

Be true to your purpose

Everything around you will align to it if you truly
desure to achieve it



A baby is lying on their stomach on a white, textured beach towel. The baby is wearing dark sunglasses and a bright orange crocheted skirt with a white waistband. The baby's hands are behind their head. The background is a light blue and white striped beach towel. The overall scene is a playful, summer-themed photograph.

**6. You'll figure
and
It'll work out just fine**

You don't need to have it all figure it out to take a step forward. You'll eventually figure it out. Just take that step




Louie Schwartzberg: Nature. Beauty. Gratitude.



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